

Columbia Recreation Presents

# Taekwondo



Come join 4th degree black belt Scott Lesinski and learn the traditional martial art of Taekwondo. You will learn the basics for fitness, self-defense, and Olympic style sparing.

**Ages 4 - Adult, BEGINNERS ONLY**

**Location:** Tae San Taekwondo Academy, Hebron

**Fee:** \$99 for 6 weeks, includes uniform

**Classes offered different days and times, come to one or all of them!**



**Contact Columbia  
Recreation To Sign Up!**

860-228-8513

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