

Columbia Recreation Presents



Taekwondo



Come join 4th degree black belt Scott Lesinski and learn the traditional martial art of Taekwondo. You will learn the basics for fitness, self-defense, and Olympic style sparing.

Ages 4 - Adult, **BEGINNERS ONLY**

Location: Tae San Taekwondo Academy, Hebron

Fee: \$99 for 6 weeks, includes uniform

Classes offered different days and times, come to one or all of them!



**Contact Columbia
Recreation To Sign Up!**

860-228-8513

recreation@columbiaact.org

[http://columbia.redesk.com/
recdeskportal](http://columbia.redesk.com/recdeskportal)

